



Don't Panic.

Your First 72 Hours After a Florida Foreclosure Notice

PROTECT
—
FIGHT
—
REBUILD

A calm place to start. One informed step at a time.

Getting a foreclosure notice can feel overwhelming. Start by identifying what you received and what needs your attention.

You do not have to solve everything at once. Gather your paperwork, note the dates, and write down your questions.



The 72 hours are an organizing framework, not a legal deadline. Confirm the deadlines that apply to your documents.

What Not to Do

- Do not ignore the paperwork.
- Do not throw anything away.
- Do not sign anything you do not understand.
- Do not rely only on verbal assurances. Keep written records.

*You do not need every answer today.
Start with your next informed step.*

Coach H



Your First 72-Hour Checklist

Do these first.

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- ☐ 1. Save the envelope and every page you received.
- ☐ 2. Write down the date you received or were served with the paperwork.
- ☐ 3. Look for any deadline, hearing date, or sale date.
- ☐ 4. Take clear photos or scan the full packet.
- ☐ 5. Start one folder for all foreclosure-related paperwork.
- ☐ 6. Note who sent the notice and what it appears to be.
- ☐ 7. Keep track of correspondence from the court, your lender, and their attorneys.
- ☐ 8. If you see a deadline or sale date, contact a licensed Florida attorney immediately.

Get Help Quickly If:

- You were served with a lawsuit or summons.
- A hearing is already scheduled.
- A foreclosure sale date is listed.
- You are being pressured to sign documents.
- You are being told to leave immediately.
- You do not understand what the paperwork means.



The 72 hours are an organizing framework, not a legal deadline.
Do not wait to address an urgent date.

Stay calm. Preserve documents. Know your next step.



What Comes Next

Build on the first steps you have taken.

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—
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Keep gathering facts, organizing your records, and preparing your questions.

01

Identify your paperwork

Write down each document's title, sender, and date received.

02

Clarify your timeline

List the dates you see and the deadlines you need help confirming.

03

Organize your records

Keep notices, statements, payment records, and correspondence together.

04

Keep a written record

Log calls and save copies of messages and documents you send or receive.

05

Prepare your questions

Note what you do not understand so you can discuss it with a qualified professional.

06

Create your home file

Choose one place for your documents, contact list, notes, and next steps.

Ready for more structure?

Explore Don't Panic. Fight Back. — Coach H's Survival Checklist for Florida Homeowners Facing Foreclosure.

A separate free resource with 24 action items across three sections.

[Download the Free Survival Checklist](#)

One informed step at a time.